



# 接触者追踪

接触者追踪旨在切断社区内传播的一种方法，对近期接触过结核病患者的人群进行筛查和测试。

## 为什么接触者追踪很重要？

结核病的传染是通过与活动性肺结核患者密切接触时产生的。

诊断出的结核病患者有可能是与携带结核病细菌，但自己不知情的人士密切接触后感染的。这样的患者是可以接受治疗，也可以防止传染进一步扩散。

接触者追踪可以辨别哪些人接触到结核病。可以采用药物来防止结核细菌变为积极性结核病。此项治疗成为预防性治疗。

接触者追踪不仅为那些有可能接触到结核病的人士提供教育和心理辅导，对更广泛的大众也会受益。

接触者追踪属于自愿行为，在结核病诊所的服务也都是免费的。在诊所，我们为成人和儿童提供结核病筛查及跟踪治疗服务。

## 需要哪些测试？

三个主要的测试包括：

- 结核菌素皮内试验 (TST)，通常被称为曼托试验 (Mantoux test)
- 胸部X光片
- 验血 (QuantiFERON)。

确定接触者后，我们会提供相关测试信息。

## 检查完我需要跟踪结果吗？

您会收到检查结果的信息。

根据结果情况，您可能需要见医生。我们会为您在结核病诊所预约和医生见面。

更多信息，请到西澳卫生部网站

[Healthy WA website](#)



## 西澳结核病控制项目

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# Contact tracing

Contact tracing is a process used to stop the spread of infection in the community by identifying and testing people who have had recent contact with someone diagnosed with tuberculosis (TB).

## Why is contact tracing important?

TB is spread by close contact with someone who has active TB disease of the lungs.

A person who has been diagnosed with TB may have caught it from someone else close to them who is not aware they have TB. They can then be treated to stop the spread of infection.

Contact tracing identifies people who have had exposure to TB. They can then be offered medication to prevent the TB from becoming active. This is called preventive therapy.

Contact tracing is also an important opportunity to offer education and counselling to people who may have had exposure to TB, as well as to the wider community.

Contact tracing is a voluntary process and all services are provided free at the TB clinic. We perform TB screening and follow-up services for both adults and children at the clinic.

## What tests are done?

The three main tests are:

- The Tuberculin Skin Test (TST), often referred to as a Mantoux test
- Chest x-ray
- QuantiFERON blood test.

When a contact is identified, information will be provided on which tests are required.

## Will I need follow-up?

You will receive information about your test results.

Depending on your results, you may need to see a doctor. If so, an appointment will be made for you at the TB clinic.

For more information, see the [Healthy WA website](#)



## WA Tuberculosis Control Program

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