

SMOKE & VAPE FREE ARTWORK WANTED



MIRRABOOKA YOUTH ARTIST COMPETITION

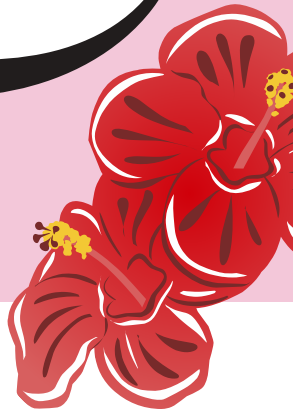
CLOSES 8:00 PM
FRIDAY 18 OCTOBER 2024

GET YOUR
ARTWORK ON
OUR SMOKE &
VAPE FREE
SIGNAGE!



MANY PRIZES
TO WIN!
GIFT CARDS &
VOUCHERS

SUP..

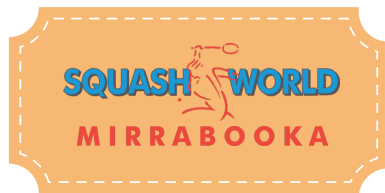




PRIZES TO BE WON!



3x \$50 Gift Cards



10x Squash Court Hire Vouchers



4x Single Swim Passes for the City of Stirling Leisure Centre



COMPETITION REQUIREMENTS

- 1. Create an artwork**
 - Digital or hand drawn
 - Minimum size 20x20 cm
 - Use our template or submit on A4 size paper
- 2. The artwork must have a positive design** that promotes smoke & vape free public areas
- 3. You can include a positive health message in your own language** if you want (e.g. 'thank you for not smoking and vaping here!') 😊
- 4. Email your artwork** with your name & mobile number to the North Metropolitan Health Service email address located on the artwork template page

Photograph, scan or upload your artwork in the following file types:

JPG, PNG or PDF



TERMS & CONDITIONS:

- ✓ Competition entrants must be 13-24 years of age
- ✓ Submissions close at 8:00 pm Friday 18 October, 2024
- ✓ Prize winners will be chosen before Friday 25 October, 2024
- ✓ Winners will be notified via mobile & email to collect their prize
- ✓ Artwork must be original, designed & created by the submitting artist
- ✓ The submission of artwork grants the North Metropolitan Health Service a worldwide, non-exclusive, royalty free, irrevocable intellectual property ownership for all rights and moral rights of the artwork for promotional and publicity purposes



Need help with your submission? Call 9380 7745





**MIRRABOOKA
YOUTH
ARTIST
COMPETITION**

CLOSES 8:00PM
FRIDAY 18 OCTOBER 2024

NAME

EMAIL

PHONE NUMBER

SCHOOL / ORGANISATION

(OPTIONAL)

PRIZES TO BE WON!



3x \$50 Gift Cards

10x SquashWorld: Squash court vouchers

4x Single swimming passes

for the City of Stirling Leisure Centre

Please email your submission to:

NMHSHealthPromotion@health.wa.gov.au

Need help with your submission?

Call: 9380 7745

For more information, including terms & conditions
please visit: nmhs.health.wa.gov.au/Hospitals-and-Services/Public-Health/Health-Promotion

Draw / Paint / Design your artwork here!

SMOKING & VAPING HEALTH INFORMATION FOR PARENTS & TEACHERS



Teenagers who vape are
**300% more likely to smoke
a cigarette!**



Cigarettes and vapes
both contain harmful
and toxic compounds!



**Most vapes contain
nicotine**

Vapes can secretly contain
nicotine and be more addictive
than cigarettes!



**35% of teenage vapers
believe it is 'difficult' to
'impossible' to quit.**



But, there's lot of support out
there to help them quit!



For more information
scan the QR code
below:



Government of **Western Australia**
North Metropolitan Health Service
Mental Health, Public Health and Dental Services



Scan the QR
code above

Need help quitting smoking or vaping?
Visit QUITLINE at: www.quit.org.au
Alternatively call: 13 78 48