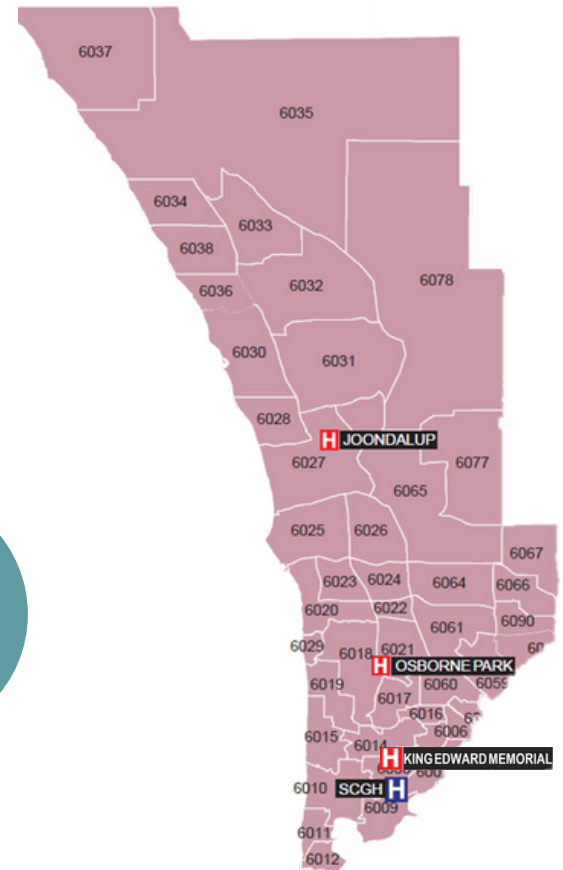




Health Promotion Service at North Metropolitan Health Service (NMHS)

The Health Promotion Service works across the NMHS catchment area and aims to keep the population healthy by preventing chronic disease (e.g. cardiovascular disease, type 2 diabetes, respiratory disease and some cancers) and injury.

The Service is managed by Krista Coward and staff work in one or more program areas (see overleaf for details):



Staff are also portfolio leads in one or more of the following areas:



Smoking



Nutrition



Alcohol



Physical activity



Injury



Data support



Community
engagement



Aboriginal &
Torres Strait Islander
community



Research &
evaluation



Culturally &
Linguistically Diverse
community



Healthy Population

This program partners with local governments and other organisations to develop interventions that support healthy lifestyles for the community.

Examples of our work include:

- Supporting the Town of Claremont and Town of Mosman Park to develop their Public Health Plans.
- Working with the City of Vincent to evaluate their Smoke Free Town Centres Project.



Assunta Di Francesco
Health Promotion Coordinator



Haylee Bullock, Lara Sheehan, Milambo Sichaaba
Health Promotion Officers



Charles Barblett
Graduate Officer



Michael Clow
Public Health Nutritionist



Priority Communities

This program partners with stakeholders to promote health in two priority localities where people are at greater risk of poor health. Efforts focus on smoking, nutrition, alcohol, physical activity and injury.

Locality 1:

- Nollamara, Westminster, Balga, Mirrabooka, Girrawheen, Koondoola, Marangaroo and Alexander Heights.

Locality 2:

- Clarkson, Merriwa, Butler and Ridgewood.



Julia Platts
Acting Health Promotion Coordinator



Shani Toki & Stacey Mansfield
Health Promotion Officers



Healthy Service

This program supports NMHS hospitals and other NMHS sites to implement the mandatory WA Health System policies on smoking and healthy food options.

Examples of our work include:

- Developing NMHS site specific Smoke Free procedures.
- Supporting event days such as World No Tobacco Day.
- Providing advice to NMHS cafés/canteens on healthier food and drink options.



Alisha Miles & Lisa Wolinski
Senior Health Promotion Officers



Alexa Whitehorn
Health Promotion Officer

