

Government of Western Australia North Metropolitan Health Service



# **Expression of Interest**

### Consumers, Carers and Lived Experience Representatives for Partnerships Co-Design group at North Metropolitan Health Service

At NMHS our priority is to place our consumers' and their carers' best interests and experience at the core of all we do. We are interested in hearing about what matters to our consumers and carers and to work collaboratively to develop a consumer and carer partnership model that allows us to effectively codesign, implement and evaluate our services.

We are inviting consumers, carers and those with lived experience to be representatives on an innovative and exciting Consumer and Carer Partnerships group at North Metropolitan Health Service (NMHS).

You will be invited to attend a series of three workshops to co-design the consumer and carer partnership model that will be implemented across the organisation.

# What is Co-Design?

Co-Design in healthcare involves community members and/or health consumers working together in an equal and reciprocal relationship with clinicians and managers, in the development process of a project or service to ensure it meets the needs of its users.

As a group, we will embody the following Co-Design principles:

- **Safety** creating a safe environment where everyone feels comfortable to share their experience, perspectives and opinions in an inclusive, respectful space.
- **Authenticity** being reliable, trustworthy, with a real motivation to work together to improve things.
- **Humanity** showing empathy, kindness and graciousness in relationships and understanding what happens affects all of us.
- **Equity** treating people with equal worth and value, recognising people's needs and value their culture, unique strengths and perspectives.
- **Diversity** accept and respect all people involved and ensure ways of belonging.

# Who should apply?

Consumers, carers, and those with lived experience from diverse backgrounds, who currently engage with our services including Sir Charles Gairdner Osborne Park Hospital Care Group (SCGOPHCG), Women and Newborns Health Service (WNHS) and Mental Health, Public Health, Dental Services (MHPHDS).

We are interested in representation inclusive of:

• Aboriginal / Culturally and Linguistically Diverse / Adults / Older Adults / Youth

#### When and where will the workshops be?

A series of three workshops (each 3 hours), will be held once a month between June to August. The first workshop will take place in mid-June at Graylands Hospital.

#### **Consumer payments**

All consumer and carer representatives will receive payment and reimbursement for their participation and time as part of the group.

Representatives will receive \$35 per hour or part thereof, for attendance.

Catering will be provided at workshops and free site parking is available.

### How to apply

Visit this link to register your interest. In your application you will need to provide:

- 1. A short description about who you are, your experience and why you are interested in being part of the Consumer and Carer Partnerships group
- 2. Ability to commit to the session meeting times for the duration of the project
- 3. Preferred email contact

For any enquiries please contact NMHS Safety, Quality, Governance and Consumer Engagement via email <u>NMHS.SQGCE@health.wa.gov.au</u> or call Freya Davies 6457 3476.

### Applications close 26<sup>th</sup> May 2021

